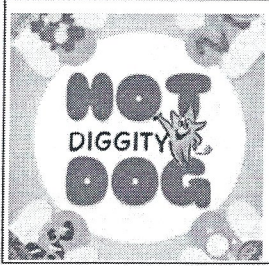
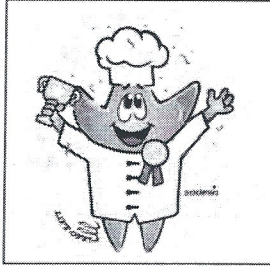


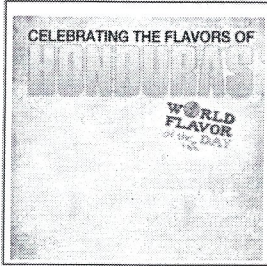
**MONDAY**



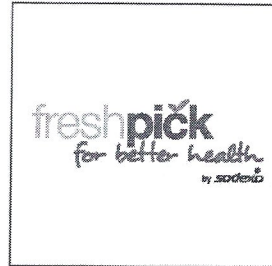
**TUESDAY**



**WEDNESDAY**



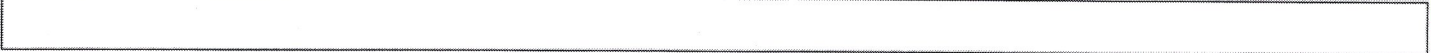
**THURSDAY**



**FRIDAY**

**1**

Breakfast:  
Yogurt w/Graham Crackers  
Lunch:  
Creamy Chicken Alfredo  
w/WG Pasta  
Luscious Cheeseburger on a WG Bun  
Classic Chef Salad w/WW Roll  
Healthy Veggie Sandwich on WW  
COOKIE DAY!



**4**

Breakfast:  
French Toast Sticks  
Lunch:  
Crispy Chicken Sandwich on WG Bun  
Saucy Sausage or Cheese Pizza  
Chicken Caesar Salad w/WW Roll  
Turkey & Cheese Sandwich on WW

**5**

Breakfast:  
English Muffin Breakfast Pizza  
Cinco de Mayo  
Lunch:  
Spicy Bean & Cheese Enchilada  
BBQ Pork on a Bun  
Poppin' Chicken Salad w/WW Roll  
Ham & Cheese Sub Sandwich

**6**

Breakfast:  
Mini Cinnamon Rolls  
Lunch:  
Baked Chicken Nuggets w/WW Roll  
Freshly Baked Pepperoni or  
or Cheese Pizza  
Southwest Taco Salad  
w/Crunchy Tortilla Chips  
Minnie Mouse Wrap

**7**

Breakfast:  
WG Bagel w/Cream Cheese  
Lunch:  
Spicy Chicken & Cheese Nachos  
Whole Grain Baked Corn Dog  
Crispy Chicken Salad w/WW Roll  
American Sub Sandwich

**8**

Breakfast:  
Ultimate Cinnamon Breakfast Round  
Lunch:  
Zesty Meat Sauce over WG Spaghetti  
Melted Ham & Cheese Sandwich  
w/Baked Tater Tots  
Classic Chef Salad w/WW Roll  
Healthy Veggie Sandwich on WW

Nutritional Analysis Weekly Average: Breakfast- 427 calories, 6gm total fat, 2gm sat fat, 6gm fiber, 16gm protein. Lunch- 570 calories, 18gm total fat, 5gm sat fat, 8gm fiber, 28gm protein.

**11**

Breakfast:  
Pancake & Sausage on a Stick  
Lunch:  
Orange Chicken over Brown Rice  
Aloha Pineapple or Cheese Pizza  
Chicken Caesar Salad w/WW Roll  
Turkey & Cheese Sandwich on WW

**12**

Breakfast:  
Ultimate Berry Breakfast Round  
Lunch:  
Soft Meaty Beef Taco  
Baked Chicken Patty  
on a WG Bun  
Poppin' Chicken Salad w/WW Roll  
Ham & Cheese Sub Sandwich

**13**

Breakfast:  
Ham & Cheese English Muffin  
Lunch:  
Hot Diggity Dog Day  
Rainbow Chili Dog  
Freshly Baked Cheese or  
Pepperoni Pizza  
Southwest Taco Salad w/  
Crunchy Tortilla Chips  
Tuna Salad Wrap

**14**

Breakfast:  
WG Pancakes w/Strawberries or Syrup  
Lunch:  
Cheese Filled Breadstick  
w/Marinara Sauce  
Cheeseburger on WW Roll  
Crispy Chicken Salad w/WW Roll  
American Sub Sandwich

**15**

Breakfast:  
Yogurt w/Graham Crackers  
Breakfast for Lunch:  
French Toast w/Sausage  
Texas Chicken Nugget w/  
Potatoes & Gravy w/WW Roll  
Classic Chef Salad w/WW Roll  
Healthy Veggie Sandwich on WW

Nutritional Analysis Weekly Average: Breakfast- 427 calories, 6gm total fat, 2gm sat fat, 6gm fiber, 16gm protein. Lunch- 579 calories, 18gm total fat, 5gm sat fat, 9gm fiber, 28gm protein.

**18**

Breakfast:  
French Toast Sticks  
Lunch:  
Baked Chicken Nuggets w/  
WW Roll  
Saucy Sausage or Cheese Pizza  
Chicken Caesar Salad w/WW Roll  
Turkey and Cheese Sandwich on WW

**19**

Breakfast:  
English Muffin Breakfast Pizza  
Lunch:  
Stuffed Bean & Cheese Burrito  
Chicken Patty Sandwich  
Poppin' Chicken Salad w/WW Roll  
Ham & Cheese Sub Sandwich

**20**

Breakfast:  
Mini Cinnamon Rolls  
Lunch:  
Hamburger Patty w/Mashed Potatoes,  
& Gravy w/WW Dinner Roll  
Pepperoni and Cheese Pizza  
Southwest Taco Salad w/  
Crunchy Tortilla Chips  
Minnie Mouse Wrap  
LUCKY TRAY DAY!

**21**

Breakfast:  
WG Bagel w/Cream Cheese  
Lunch:  
Homemade Sloppy Joe  
on a Bun  
Baked Whole Grain Corn Dog  
Crispy Chicken Salad w/WW Roll  
American Sub Sandwich

**22**

Breakfast:  
Ultimate Cinnamon Breakfast Round  
Lunch:  
Home Style Macaroni & Cheese  
Chicken & Waffles  
Classic Chef Salad w/WW Roll  
Healthy Veggie Sandwich on WW  
COOKIE DAY!

Nutritional Analysis Weekly Average: Breakfast- 456 calories, 7gm total fat, 3gm sat fat, 6gm fiber, 16gm protein. Lunch- 626 calories, 20gm total fat, 6gm sat fat, 10gm fiber, 29gm protein.

**25**

MEMORIAL DAY  
No School K-12

**26**

Breakfast:  
Pancake & Sausage Dog on a Stick  
Lunch:  
Hot Diggity Dog  
Boston Dog  
Bean & Cheesy Nachos  
Poppin' Chicken Salad w/WW Roll  
Ham & Cheese Sub Sandwich

**27**

Breakfast:  
Scrambled Eggs w/Toast  
Lunch:  
Homemade Turkey Gravy over  
Mashed Potatoes w/WW Roll  
Pepperoni or Cheese Pizza  
Southwest Taco Salad w/  
Crunchy Tortilla Chips  
Tuna Salad Wrap

**28**

Breakfast:  
WG Pancakes w/Syrup  
Lunch: World of Flavors  
Honduras  
Honduran Bean Quesadilla  
w/Cilantro Lime Rice  
Chicken Patty Sandwich  
Crispy Chicken Salad w/WW Roll  
American Sub Sandwich

**29**

Breakfast:  
Yogurt w/Graham Crackers  
Lunch:  
Chicken Alfredo w/  
WG Pasta  
Cheeseburger on a Bun  
Classic Chef Salad w/WW Roll  
Healthy Veggie Sandwich on WW